

## “Umbria – Mystic Land” - 08 Days

Situated in the heart of the peninsula, the Umbria is one of the Italian regions of greatest appeal for tourism, for safeguarding the places alive and intact medieval and humanistic knowledge. In a mystical land, historic cities rich in art and architecture inviting to rest, leisure and meditation.



### **1º Day ROMA/PERUGIA**

Arrival in Rome, coach transfer to Perugia for accommodation, dinner and overnight.

### **2º Day PERUGIA**

Breakfast in the hotel. Guided visit of the city centre, rich in monuments and architectural treasures: the Rocca Paolina, the panoramic Carducci Gardens, the famous Piazza IV Novembre with the beautiful Palazzo dei Priori, the Fontana Maggiore and the Cathedral, Piazza Gallenga and the Arco Etrusco. Lunch in a restaurant located in the city centre with typical Umbrian food and wine. In the afternoon a guided visit of other important monuments such as: the early Christian Church of S. Angelo, the Church of S. Pietro and S. Francesco. Free time for shopping in the city centre or for sitting in one of the many Cafés located in the Corso. Dinner and overnight in the hotel.

### **3º Day ASSIS/PERUGIA**

Breakfast in the hotel. Transfer by coach to Assisi, the famous town where S. Francesco was born, rich in medieval buildings and churches. Guided visit of the town: the Basilica of S. Francesco, Piazza del Comune, the Duomo, the house of the Saint/Chiesa Nuova, the Church of S. Chiara and the many characteristic medieval alleys.

### **4º Day GUBBIO/PERUGIA**

Transfer by coach to Gubbio, one of the most characteristic town of the region, located in a picturesque position between beautiful mountains. A guided visit of the town, of its characteristic medieval streets and buildings, and its many monuments: the Palazzo dei Consoli, one of Italy’s most important historical buildings, the Palazzo Ducale, the Duomo, the Church of S. Francesco. Transfer by coach to Perugia, dinner and overnight in the hotel.

### **5º Day SPOLETO**

Breakfast in the hotel. Transfer by coach to Spoleto, another characteristic town also famous for the “Festival dei Due Mondi”. Guided visit of the town, rich in roman remains and medieval buildings and churches. Visit the interior of the Teatro Romano, the Church of Santa Eufemia, the Arco di Druso, the

Duomo (the most important monument of the town whose interior is rich in remarkable paintings), the amazing Ponte delle Torri and the Rocca.

#### **6<sup>o</sup> Day NORCIA**

Transfer to the small town of Norcia situated at the foot of the Sibilini range of mountains. Birthplace of St Benedict, the town's square is dominated by his church and the statue of the saint. Enjoy the sites and smells of this, the sausage capital of Italy! Afternoon excursion to see the Piano Grande the beautiful upland valley, home to famous lentils of Casteluccio. Chosen as the setting for Zefferelli's, "Brother Sun, Sister Moon", the story of St Francis, and historically the battle ground between Norcia and neighbouring cities from the Marche region. Return to Norcia for dinner and overnight in the hotel.

#### **7<sup>o</sup> Day CASCIA/NORCIA**

Excursion to visit the Abbey of Sant'Eutizio the beautiful Benedictine abbey situated deep in Appenine mountains. Continue on to the town of Cascia and Roccaporena, home of Santa Rita. Return to Norcia for dinner and overnight in the hotel.

#### **8<sup>o</sup> Day ROMA**

Leave Norcia after breakfast and head for Rome. An excursion to the impressive Abbey of San Pietro in Valle, on route if flight times allow. Departure from Rome airport or an extension in Rome.

