

“UMBRIA: Ancient Flavours” - 7 DAYS



Day 1 ETRUSCAN PERUGIA

9:00 a.m. - 1:00 p.m. a guided tour of Perugia by experts in Etruscan Art; 1:00 p.m. - 3:00 p.m. lunch in a local Umbrian restaurant with a presentation of typical Umbrian dishes; 3:00 p.m. - 5:00 p.m. visit to a weaving workshop with demonstration on period looms.

Day 2 MEDIEVAL PERUGIA

9:00 a.m. - 1:00 p.m. a guided tour of Perugia by an expert in Medieval Art; 1:00 p.m. - 3:00 p.m. a cheese lunch with a demonstration of the art of cheese making; 3:00 p.m. - 5:00 p.m. completing the guided tour of Perugia.

Day 3 THE JUBILEE OF ASSISI

9:00 a.m. - 1:00 p.m. a guided tour of Assisi; 1:00 p.m. - 3:00 p.m. lunch with a presentation of typical rural Umbrian dishes ; 3:00 p.m. - 5:00 p.m. completion of guided tour of Assisi and return to Perugia.

Day 4 SPELLO / BEVAGNA / MONTEFALCO: the sites of oiland wine

9:00 a.m. - 1:00 p.m. a visit to monumental Spello including a visit to an oil-mill, oil tasting; transfer to Montefalco; 1:00 p.m. - 3:00 p.m. lunch with an explanation given by a wine expert on the role of Sagrantino in the local cuisine of typical rural Umbrian dishes ; 3:00 p.m. - 5:00 p.m. a visit to Bevagna and return to Perugia.

Day 5 CORCIANO / DERUTA / TORGIANO: the museums of tradition

9:00 a.m. - 1:00 p.m. a visit to Corciano and to the rural museum; transfer to Torgiano and visit to the wine museum (wine tasting offer); 1:00 p.m. - 3:00 p.m. lunch at an agriturismo with advice given by a wine expert on how to combine food and wine 3:00 p.m. - 5:00 p.m. transfer to Deruta and visit to the ceramics' museum and art and crafts workshops.

Day 6 GUBBIO: the Dukes City

9:00 a.m. - 1:00 tour of Gubbio ;1:00 p.m. - 3:00 p.m. a truffle lunch; 3:00 p.m. - 5:00 p.m. visit to a Gubbian Ceramics' Studio; return to Perugia; 7:30 Farewell drinks.

Day 7 PERUGIA

Following breakfast, transfers to airports.

For operational reasons, there may be changes in the schedule or in the order of visits, but without altering the structure of the itinerary and always keeping the same level of quality.